

Washing

Our son and his care team generate a lot of washing and there is limited space for drying, so the washing needs to be done early in the day and hung out to dry.

Efficiency: To improve the efficiency and time taken for a regular wash,

- A short wash will do for most of the time
- A longer wash for heavily soiled items.



SHORT WASH



LONG WASH

Please separate dark and light items to wash.

Schedule:

This guidance generally works well so please try and follow it, though there will be times when an exception has to be made. Please use judgement and common sense about this

- Please try and alternate a light / white wash one day and a dark wash the next day.
This usually works unless there is a very large amount of washing when it is fine to make an exception.
- Please put a wash on first thing, as soon as someone is free to do so (perhaps while one carer is giving our son his breakfast)
- Try and complete and hang the wash in the morning before you leave the house, so it has a chance to dry.

Drying washing: Whenever possible please hang washing outside. It's better for the house, reducing dampness / humidity and hanging washing outside is more healthy (it reduces house dust mite in bedding). If you have hung out washing outside, please bring in the washing and pegs before it is dark and do not leave out overnight.

There is a heated clothes airer which dries small items well. Larger items dry better if they are laid horizontally across the heated bars.

Duvet: Our son's duvets (especially the feather one) take more than a day to dry, even in good weather. If it needs it be washed **put the spare duvet on** until the washed one is dry. They should rarely need washing now, as there is a waterproof cover over the duvet which can be wiped clean.

Hydrotherapy: Our son has separate towels for hydrotherapy (a large turtle beach towel and 2 white towels with blue edges).

Sign off sheet for staff to acknowledge they have read this policy

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