

Reheating food

At mealtimes, to ensure safe procedures when feeding, all meals must be prepared following the guidelines below,

- When reheating food in the microwave, please heat in one container and then tip it into another bowl / container and thoroughly stir both before and after the transition. This ensures that the food is heated evenly throughout.
- Use the food probe (kept in the cutlery drawer or on top of the microwave) and check the temperature in a few different places. Please ensure that it is no more than 40 degrees Centigrade as this is too hot and detrimental to consume.
- If food is above 40 degrees Centigrade then wait a few minutes for it to cool / add a little water. Be careful not to add too much though as this dilutes the meals.

It is important not to administer food that is too hot for our son to consume through the gastrostomy button. If in doubt, wait a few minutes.

As the food probe is sensitive to water, please do not let it sit in the washbasin!

[Sign off sheet for staff to acknowledge they have read this policy](#)

Print your name	Sign your name	Date
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