

## Behaviour Matrix

This matrix is designed in response to behaviour self-management and is provided to help quantify episodes of behaviour that are outside a normal range.

Next time we see the consultant, we need to be able to clearly report and evidence extreme behaviour so the best decisions can be made about his medication.

Please include reference to Behaviour Matrix in incident reports and learning logs.

	<b>Short</b> – less than 5 mins	<b>Medium</b> - 5 to 15 mins	<b>Long</b> – more than 15 mins
<b>Significant</b> Aggression and risk to self and others	(C1) Short periods of aggressive behaviour with danger of injury to self or others, starting quickly and being over quickly and being dealt with within existing environment	(C2) Medium periods of aggressive behaviour with danger of injury to self or others and need for significant intervention or change of activity	(C3) Prolonged period of aggressive behaviour with danger or injury to self or others, with significant intervention and removal from environment is required
<b>Elements</b> of aggression and Risk to self	(B1) short period of severe obsessing with elements of aggression and danger of injury to self or others or severe anti-social behaviour and being dealt with within existing environment	(B2) Medium period of severe obsessing with elements of aggression and danger of injury to self others with need for change of activity or additional support	(B3) Prolonged period of obsessing with elements of aggression and danger to self or others where significant intervention and removal from environment is required
<b>Obsessing</b> or anti-social behaviour	(A1) Short period of obsessing or significant anti-social behaviour Starting quickly and being over quickly and being dealt with within existing environment	(A2) Medium period of severe obsessing or anti-social behaviour with significant risk of injury to self or others and resulting in the need to remove from or change environment	(A3) Prolonged period of obsessing with risk of injury to self or unacceptable social behaviour where significant intervention and removal from environment is required.